

How to get ready

Contemporary and Boudoir Shoots

I wanted to give you some tips on how to prepare for the day to make the most of your experience and capture the best image.

It all starts with a little...

Preparation

At Lyria Garcia Photography, we strive to make sure that your experience with us will mean more than taking pretty pictures.

We want you to feel confident and relaxed the day of your appointment so that feeling will transfer and resonate in your photography.

Your timeline:

A week before your shoot.

Select a few outfits. Make time to go shopping, perhaps in your closet, a friend's closet, and the mall to find one or two outfits that define you and make you feel spectacular. Keep in mind too that I'll have options for you wear here as well.

Make a reservation and raise a glass. You are going to look and feel absolutely amazing after we capture your photographs. Capitalize on that feeling and go out afterwards with a loved one or friends. Somewhere special to celebrate you - A nice dinner, night in the city, or maybe even depart for a vacation.

A couple days before your shoot.

Shave/Wax, trim, paint, and pluck. Now is the time to get your eyebrows, lips, and bikini hair in order. This experience is all about you, treat yourself to a **manicure and pedicure**.

The night before your appointment:

Climb into bed early. Make the evening before your photoshoot a quiet and relaxing one. Think of it as mandatory quiet time.

The day of your appointment:

Plan a relaxing morning. Avoid confrontational business appointments, doctors' appointments, or an endless to-do list before your photoshoot. Pour a cup of coffee and enjoy some uplifting music.

Have a bath or long shower. We will be styling your hair and makeup right before your session, so you don't have to worry about smudging or wind. Just come to your sitting sparkly clean, feeling magnificent.

Eat a small healthy meal. Avoid the discomforts of hunger and over eating. One or two hours before your session eat a sensible meal that you can feel good about, that won't make you feel bloated or uncomfortable.

Don't rush. Give yourself plenty of time to pack up and arrive at your photoshoot five to ten minutes before it is scheduled.

This moment is all about you.

It's show time:

Upon your arrival you'll be served a glass of your preferred drink. For some will be a glass of wine, mimosa, or Belini for others it will be tea. The importance of this is that it will help you relax and be comfortable.

We will then go over wardrobe choice and plan your shoot accordingly.

Then you will discuss your make up and hair. It's very important that we choose make up and hair that is familiar to you. I would hate for you to look at your images and say: That's not me. I don't look like that! So let's be focus, unless of course, your intent is to really have a fantasy shoot.

We will then discuss posing and body language. It's my job to pose you in flattering way. I want to get the best natural expression out and nothing fake. Spontaneously if you will.

I look forward to seeing you at your photoshoot. If you have any questions or concerns, please don't hesitate to contact me.